

When starting a book

Title: _____

1. What's the kernel idea? The spark?

2. Characters

a. Protagonist #1:

i. Internal GMC

They want _____ because _____ but
_____ therefore _____.

ii. External GMC

They want _____ because _____ but
_____ therefore _____.

iii. unique characteristics of this person _____

iv. What is their wound? And how does it shape their life? _____

v. what's important to them? _____

vi. How do they react to a crisis (run away, face it down, think it through) _____

vii. What's the worst thing that can happen to this person? _____

b. Protagonist #2:

i. Internal GMC

They want _____ because _____ but
_____ therefore _____.

ii. External GMC

They want _____ because _____ but
_____ therefore _____.

i. unique characteristics of this person _____

ii. What is their wound? And how does it shape their life? _____

iii. what's important to them? _____

iv. How do they react to a crisis (run away, face it down, think it through) _____

v. What's the worst thing that can happen to this person? _____

c. Antagonist

i. Internal GMC

They want _____ because _____ but
_____ therefore _____.

ii. External GMC

They want _____ because _____ but
_____ therefore _____.

i. unique characteristics of this person _____

ii. What is their wound? And how does it shape their life? _____

iii. what's important to them? _____

iv. How do they react to a crisis (run away, face it down, think it through) _____

v. What's the worst thing that can happen to this person? _____

vi. What are their "fuzzy socks" _____

3. What is the story question? _____

4. What's at stake? _____

5. Where's the sense of urgency? _____

6. For Romance:

a. Why should your protagonists (usually hero and heroine) be together?

b. Why should they not be together? _____

7. Plot out the Narrative Structure

a. Inciting incident: _____

b. Major Turning Point: _____

c. Rising Action: _____

d. Crisis: _____

e. Climax (black moment): _____

f. Resolution: _____

8. Primary Secondary Characters

i. Name: _____ Connection _____

Brief Description _____

ii. Name: _____ Connection _____

Brief Description _____

iii. Name: _____ Connection _____

Brief Description _____

iv. Name: _____ Connection _____

Brief Description _____

v. Name: _____ Connection _____

Brief Description _____